

# **Service Opportunities**

**Remember, before you came into the rooms, you had to find out Overeaters Anonymous was there for you. Let's help others find out about OA.**

The following service opportunities are available for anyone interested in carrying the message of recovery to those who still suffer. The Public Information Chair will provide all of the information you need to complete any of these tasks. If you are interested in one or more of these positions, or if you would like to carry the message in another way, please contact the Public Information Chair at [leahandmike@verizon.net](mailto:leahandmike@verizon.net).

**Jobs for people who are able to make phone calls during business hours:**

- Contact newspapers that we do not currently send meeting announcements to and ask how to send these announcements. PI Chair will provide list of papers with phone numbers and instructions. This service position also includes writing or typing this information and getting it back to PI Chair.
- Contact local newspapers to find out if press releases about OA special events like marathons, etc., should be sent to the same people that we send regular meeting announcements to or if they need to be sent to someone else.
- Contact local newspapers, radio stations and television stations to find out how to place PSAs (public service announcements).
- Contact library main offices (Montgomery County, DC, and PG County) to find out if they will accept OA's donation of books to the library system and how to carry this out. PI Chair will provide the most recent information we have on library contacts and historical information about this project. PI Chair has the books and can arrange for them to be mailed or delivered as specified by each library.

**Jobs for people who are able to send emails on a regular basis:**

- Send announcements to newspapers about OA and our meetings. PI Chair will provide a list of newspapers, their emails, the wording of announcements, and when the announcements need to be sent (some are weekly, some are monthly). In coordination with the PI Chair, this person may also send special announcements about events like marathons or retreats.

**Jobs for people who like to do research on the Internet and possibly by phone:**

- Pull together a list of local health fairs, their dates and locations, deadlines for participating, and contact information.
- Pull together a list of newsletters for hospitals and health care provider professional organizations with contact information for sending in articles or announcements.

**Jobs for people who like organizing small projects:**

- Develop a list of OA members who are willing to be interviewed by reporters and/or to volunteer at health fairs.

**Special need for Spanish-speaking OA members:**

- Get regular OA meeting announcements placed in local Spanish-language newspapers.