

Service: The Gateway to Recovery

1. Share the value of service in your personal recovery during the meeting (tools).
2. One-on-one encouragement to try a service position.
3. Stress the importance of rotation of service positions with a specific timeframe.
4. Have the group secretary acknowledge people within the group doing service.
5. Write a Lifeline article focusing on the value of service for personal recovery and the good of OA as a whole.
6. Stay creative and flexible
7. Delegate, to empower the greatest number of members and prevent overload.
8. "God doesn't call those equipped; God equips those called."
9. Encourage people to ask questions about service in OA; have "job and responsibility" flier printed and available for distribution.
10. Remind people to trust their Higher Power.
11. Include a checklist on the sign-in sheet where people can indicate their "willingness to share up to the level of their own experience."
12. Remember "progress, not perfection" as a measurement for service.
13. Train your successor.
14. Be appreciative of service given instead of critical of it.
15. Encourage participation (especially newcomers) in group business meetings.
16. Offer an orientation for new people so they will understand what is happening.
17. Provide the groups with a Traditions Pamphlet.
18. Pick a "home group" and support it, financially, and through doing service.
19. Service helps us to learn & expand our boundaries.

20. We are not just a program, we are a fellowship...we service each other as a part of getting well.